

YORK UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
FACULTY OF HEALTH
2015 - 2016
 PSYCHOLOGY 1010 6.0 D: INTRODUCTION TO PSYCHOLOGY
 Tuesday 2:30 – 5:30 CLH-L

DR. DOUG MCCANN

**NOTE: for this and other psychology course outlines see:

<http://psyc.info.yorku.ca/course-outlines/>

Dr. McCann's Office hours: TBA

Dr. McCann's email: intropsy@yorku.ca

Text: Weiten, W. & McCann, D. (2016). Psychology: Themes and Variations (**Fourth** Canadian Edition). Toronto, Canada: Thomson-Nelson.

COURSE OUTLINE – FALL TERM				
<u>DATE</u>	<u>TOPIC</u>	<u>UNIT 1</u>	<u>READINGS</u>	<u>LECTURE NOTES</u>
Sept 15	Introduction & Orientation		Chpt. 1	Lecture 1
Sept 22	Methodology & Statistics		Chpt. 2 & Appendix B	Lecture 2
Sept 29	Methods and the Brain		Chpt 3	Lecture 3
Oct. 6	Sensation & Perception		Chpt 4	Lecture 4
Oct. 13	Review for Test One			
Oct . 20	UNIT TEST #1 All the above readings/lectures/videos class demonstrations			
		UNIT 2		
Oct 27	Consciousness *In-Class bonus exercise – up to 2%		Chpt 5	Lecture 5
Nov 3	Learning		Chpt. 6	Lecture 6
Nov 10	Memory		Chpt 7	Lecture 7
Nov 17	UNIT TEST 2 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since test 1.			
		UNIT 3		
Nov 24	Motivation		Chpt 10 (pages 412-439)	Lecture 8

Dec 1	Emotion	Chpt 10 (pages 439-459)	Lecture 9
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**COURSE OUTLINE: WINTER TERM
UNIT 3 Continued**

Professor Heather Jenkin is your professor for the winter term. Exam Schedule for winter term is: Test 3 – January 12, Test 4 – February 23, Test 5 – March 29.

DATE	Topic	READING	LECTURE
Jan 5	Intelligence and Psychological testing	Chpt 9	Lecture 10
Jan 12	UNIT TEST 3 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since Test 2.		
	UNIT 4		
Jan 19	Language and thought	Chpt 8	Lecture 11
Jan 26	Human Development (child)	Chpt 11 (up to 487)	Lecture 12
Feb 2	Human development (adult)	Chpt 11 (from 488)	Lecture 13
Feb 9	Social behaviour	Chpt 13	Lecture 14
Feb 16	READING WEEK		
Feb 23	UNIT TEST 4 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since Test 3.		
	UNIT 5		
Mar 1	Personality	Chpt 12	Lecture 15
Mar 8	Stress, coping and health	Chpt 14	Lecture 16
Mar 15	Psychological disorders	Chpt 15	Lecture 17
Mar22	Treatments	Chpt 16	Lecture 18
Mar 29	UNIT TEST 5 ALL OF THE ABOVE readings/lectures/videos/class Demonstrations since Test 4.		

Note: Continuing Study in Psychology

The Senate of York University has passed a regulation stating that students must obtain a **minimum grade of C (4.0) in AS/SC/PSYC 1010.06** in order to be permitted to pursue a degree in Psychology or to take any further course work in psychology even if they do not plan to major in Psychology. This regulation applies to students wishing to take Psychology courses in the Faculty of Health and the Faculty of Pure and Applied Sciences. The regulation applies to students who enter the university in FW 96 or after.

COURSE FORMAT

The lectures will discuss and expand upon text readings. You should note that although not all text material will be discussed directly in class you are responsible for all the text readings for test purposes. In addition, some of the lectures will discuss material not available in the text. Again, you are responsible for this material. If you miss a class, try to borrow notes from a classmate. This course will be conducted primarily in a lecture format (there are no tutorials).

When studying for tests, do not study just from the text or just from the lecture notes.

Films and videos will be shown from time to time and general questions derived from this material may appear on tests. Periodically, research demonstrations and experiments will be conducted in class. These are generally designed to illustrate important concepts or to give experience in participating in a subject role in research. Although direct participation is voluntary, it is encouraged and the results of any such exercise will be discussed in class where relevant and questions based on this material may appear on tests. If in doubt as to the material to be examined on tests, please ask the TA's or your professor.

EVALUATION OF STUDENTS

Tests

Student evaluation is based on two components. 5 equally weighted tests constitute **96%** of your final grade. Each test counts 19.2% toward your final grade. In the fall term, the exams consist of approximately 70 multiple-choice questions. The Unit tests deal primarily with material discussed in that unit; that is, they are noncumulative.

4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program) research opportunities.

To earn the 4% research mark you must participate in 3 hours of research in the Fall term (for 2%) and 3 hours of research in the winter term (for 2%). You cannot obtain the full 4% credit unless you do 3 hours of research in each term. All of this is done under the direction of the URPP coordinator, not Professor McCann or Professor Jenkin.

The URPP coordinator will visit our class in the first few weeks of the course to describe the URPP program and your participation in it. All Introductory psychology students can receive 4% for participating in 6 hours of research run by the URPP. The 4% is added on to your exam grades to give you a final grade out of 100%. You can contact them at urpp@yorku.ca. If you have any concerns regarding urpp points or participation, email them, not your instructor or TA.

BONUS MARK EXERCISE OPPORTUNITY: October 27, 2015. During class time Dr. McCann will lecture on the topic of Mindfulness Meditation. Meditation is one of the topics covered in Chapter 5, which is the reading for that day.

During the lecture students will be instructed on Mindfulness Meditation and will be provided with the opportunity to engage in Meditation under Dr. McCann's supervision. A written exercise will be provided in class which student can complete and hand in at the end of class. The exercise will be graded (Maximum 2% added on to your final grade). **Only students who come to class that day will be provided with this bonus opportunity since it depends directly on the classroom exercise.** If you have any concerns, please talk to Dr. McCann before that class. If you do not wish to meditate for any reason, just email Dr. McCann ahead of time and he will provide you with options.

MISSED TESTS

Missed tests happen – some students occasionally miss tests. Such an occurrence is not to be taken lightly. The instructor – not the TA – decides if you will be given a make-up exam opportunity. The only officially recognized reason for missing a test is a medical one, documented with a medical note. Any test missed on medical grounds must be accompanied by an Attending Physician's Statement or a Statement by a Psychologist or Counselor. Other non-medical ground for missing a test include a death in the family and must be supported by appropriate documentation (i.e., obituary, death certificate, emergency travel documents). Student Athletes must obtain documentation from their coach giving reasons for the absence and dates.

YOU MUST OBTAIN AND USE THE MEDICAL FORM titled "Attending Physician's Form: It is available from http://www.registrar.yorku.ca/pdf/attend_physician_statement.pdf

Upon presentation of the Attending Physician's Form, the Instructor will organize a make-up exam opportunity. The make-up exam ***must be written when scheduled by the instructor*** (see Departmental Guidelines). The only reason other than a medical one for missing a scheduled make-up exam is that you have a previously scheduled exam that conflicts. Contact your TA immediately upon missing a test.

Academic Dishonesty:

See Academic integrity and plagiarism. http://www.yorku.ca/tutorial/academic_integrity/
For descriptions, definitions, and penalties

Course TA's. There are several course Teaching Assistants associated with our course. They hold regular office hours for consultation regarding the course and keep your exams on file for you to look at. You will be assigned to a TA on the course Moodle site in the first few weeks of the course.